

It's about Life

NOT FAILURE



For more information on
education and support visit
us at the HeartLife.Academy



HeartLife FOUNDATION



Mission

The HeartLife Foundation is a patient-driven charity whose mission is to transform the quality of life for people living with cardiovascular diseases by engaging, educating, and empowering a global community. We aim to create lasting solutions, drive innovation, and build healthier lives for patients, caregivers, and families worldwide.



We are a patient led charity that engages, educates, and empowers people living with heart disease and connected conditions to improve their quality of life.



heartlife.ca
heartlife.us
heartlife.global





Facebook Support Group

Join our Facebook Support Group to connect with a vibrant community of patients, caregivers, and heart health advocates. Share experiences, get emotional support, and access expert heart health information on this interactive platform.



HeartLife.Academy

The HeartLife Academy is a groundbreaking and comprehensive learning platform, thoughtfully designed by patients and carers for their peers, in collaboration with dedicated care providers and supported by rigorous scientific research.



Self-Management Tools

Our Self-Management Tools are crafted to empower individuals with heart health issues to take charge of their well-being. These tools feature personalized symptom and medication trackers, educational materials on lifestyle changes, and resources for effective communication with healthcare providers.



Heart Failure Policy Framework

Our comprehensive strategy for combating heart failure is built on three foundational pillars: Diagnosis & Screening, Management & Care, and Research & Evaluation. Each pillar is meticulously crafted to tackle crucial facets of heart failure management. From early detection to effective treatment, we provide ongoing support and drive continuous improvement through dedicated research.



Patient Journey

The patient journey map encapsulates real stories, emotions, questions, and lifestyle challenges faced by heart failure patients throughout their care continuum. By genuinely empathizing with and understanding the experiences of these patients, we can identify their current needs, pain points, and desires for improved care. This is our initial step in ensuring that the patient's voice is truly heard.



Charter of Rights

The Patient and Caregiver Charter outlines rights and responsibilities to create a National Standard of Care for people with heart failure and their caregivers. It is intended for patients, caregivers, healthcare providers, policymakers, and payers. With translations in 17 languages and adoption in over 30 countries, it has achieved global recognition.



Resources for Patients and Caregivers

Delivering high-quality care to cardiovascular and heart disease patients demands the right tools, knowledge, and support. Our resources provide essential clinic materials for cardiac care, equipping healthcare professionals with evidence-based guidelines, patient education materials, and practical tools to enhance care delivery. Whether you need clinical best practices, patient handouts, or treatment strategies, you'll find valuable resources to support informed decision-making and improve cardiovascular health outcomes. Explore our curated materials and empower your team to deliver comprehensive, patient-centered care.

Amyloidosis

ASCVD

Diabetes

Dyslipidemia

HCM / oHM

Women's Health

Heart Failure

Lipoprotein(a)

Living with Cardiac Devices

Self-Advocacy

Vaccinations

Value Disease



OUR COMMUNITY

Living with cardiovascular disease can be overwhelming, but you are not alone. Our support group provides a safe and welcoming environment for patients and caregivers to connect, share experiences, and find encouragement. Together, we create a community that truly understands the journey, offering hope, empathy, and practical advice. Join us to experience the transformative power of support—because it's about life, not failure.

OUR AIM

We aim to collaborate with patients, healthcare stakehold- ers, government, and industry to:

- Establish a strong, critical voice for those living with cardiovascular diseases across Canada;
- Raise public awareness of cardiovascular health and advocate for better care for all patients;
- Work with stakeholders to ensure patients have access to the latest innovative research, therapies, and treatments;
- Mentor, support, and guide patients and families through their healthcare journeys;
- Educate and empower patients to manage their health and well-being effectively;
- Build a national network of cardiovascular advocates, connecting local and regional communities to amplify our collective voice.

WHY WE DO IT

An estimated 64 million people globally live with heart failure, with 20 million new diagnoses each year. This condition costs over \$284 billion annually, mainly for acute care. Effective patient engagement improves outcomes, reduces hospitalizations, and enhances quality of life. However, few organizations assist patients with cardiovascular diseases. The HeartLife Foundation aims to fill this gap, covering all cardiovascular diseases while focusing on heart failure.